

Summary of Publications

Walking with Vulnerable Children

Edited by Barnabe D'Souza, sdb, 179 pages, Rs.150, Published by Shelter Don Bosco Research, Documentation and Training Center, Matunga, Mumbai (2006)

Is a compilation of the rich and varied experiences of those who work in the social and developmental sector. It is a first-hand account of social workers who have been closely associated with the lives of the marginalized and destitute. The book reflects the complexity of interactions, the associated problems and the simple strength of the social workers' convictions.

The book can be an effective aid to youngsters and others involved in the field of social work. Drawing inspiration from the enriching experiences highlighted in this book will serve to enhance their commitment to making a difference in the lives of the under-privileged.

Adolescent Issues and Perspectives

Edited by Barnabe D'Souza, sdb, Dr. Reeta Sonawat and Dakshayani Madangopal, pages 248, Rs. 300, published by Shelter Don Bosco Research, Documentation and Training Center, Matunga, Mumbai (2005)

The phenomenon of adolescence has always evoked considerable interest among researchers and all those involved with their care. This book is a collection of 12 selected research and review articles contributed by experts in the field. Youngsters pose a constant challenge due mainly to their erratic temperament and shifting moods.

The book presents an academic overview from acclaimed practitioners and covers topics as diverse as health, high risk behavior, pro social behavior, substance abuse, runaways and so on. This book is meant to enable all those working with youth to chart out a plan of action in building social capital and bringing about meaningful change in the lives of young people.

Pivoting Peripheries

Author Barnabe D'Souza,sdb and team, 290 pages (not priced) published by Shelter Don Bosco Research, Documentation and Training Center, Matunga, Mumbai (2005)

A participatory study pertaining to the development of marginalized adolescents was carried out by the International Federation of Catholic Universities, Paris, in association with Shelter Don Bosco, Mumbai. This book comprising six chapters, focuses on this vulnerable yet neglected section of society, those adolescents who survive on the fringes, who have forsaken the joys of childhood in order to take on all the burdens of adulthood. The book is meant to serve as a stimulus to action for all those responsible for the welfare of children and youth at risk, to enable them to fulfill their promises for the future.

Handbook for Children in Difficult Situations (Volume 2) - A Manual for Non-Formal Education

Author-Barnabe D'Souza, sdb and Ms. Rupal Vador, 139 pages, Rs 150, Published by Tej- Prasarini Don Bosco Communications, Matunga, Mumbai (2003). Marathi edition in 2004, priced at Rs. 100

Education plays a vital role in improving the quality of life of the people. Despite the efforts of governmental and non-governmental organizations to bring all children into the fold of formal education, many children still continue to be out of school. Low socio-economic status of parents constrains them to send their children to earn at an early age, rather than to school. Therein lies the need to cover these children under the non-formal education scheme.

This manual on non-formal education (mainly for children between the ages 3 and 13) aims to bring about overall development of these children while at the same time gives them a chance to learn skills which are practically applicable in their daily life, so that they may enter mainstream society. It comprises short games and activities that a social/field worker can use while imparting non-formal education. It indicates different ways of explaining a single concept to the children, all cost efficient and at the same time ideal for the setting in which the class is conducted.

Handbook for Children in Difficult Situations (Volume 3) - A Manual for Adolescents Undergoing Therapeutic Processes

Author- Barnabe D'Souza, sdb, 78 pages, Rs 100, published by Tej- Prasarini Don Bosco Communications, Matunga, Mumbai (2004)

A Manual for Development of Children undergoing Therapeutic Processes is a resource manual designed to answer the urgent need for a holistic therapeutic program catering to the marginalized children. It is created for the facilitators or social workers, who like to deal with the target group in innovative and effective ways.

The manual is divided into three sections. The first section includes sessions for coping with the past life of the participants. The sessions help them to accept themselves and their past. The second section deals with reconstructing the present by polishing the participant's personality, communication skills and general understanding of self and society. The third section comprises planning for the future, implementation and follow-up.

Handbook for Children in Difficult Situations (Volume 4) - A Manual For Outreach Strategies

Authors- Barnabe D'Souza, sdb, Dr. Sunita Shanbagh and Ms Rupal Vador, 68 pages, Rs 100, published by Tej- Prasarini Don Bosco Communications, Matunga, Mumbai (2005)

An outreach program is one of the most powerful tools used as a support system for marginalized children and adolescents (between 3 and 18 years of age). The aim is to strengthen the child and build up his capacities in his natural setting, rather than to bring him to an institution where, in the course of his stay, he frequently loses his edge, his resilience, and instead becomes dependent. This volume is targeted towards enhancing the street enablers diversity of intervention at different levels of interaction with children and adolescents – it comprises counseling strategies for individual and group contact, as well as planned sessions on issues like drugs, HIV/AIDS, education, health, hygiene, group life, sex education, entertainment, planning for their future and so on. This manual, we hope will be a handy reference guide to all outreach workers and the organizations working with marginalized children.

Healthy Food- A Challenge

Authors Barnabe D'Souza, sdb and Ms Purvi Gilani, 18 pages, Rs 50, published by Shelter Don Bosco Research, Documentation and Training Center, Matunga, Mumbai (2004)

Food deprivation through poverty is the root cause of malnutrition, and in vulnerable children, both malnutrition and infection are widespread. Interaction with diverse groups of marginalized children and adolescents reveal that despite the vast amount of literature available on nutrition, the staff of various organizations often finds it difficult to plan out a suitable diet for children. This booklet aims to provide valuable information regarding basic foods and the nutritive values of each, interspersed with catchy illustrations to sustain the reader's interest.

Understanding Adolescents at Risk

Edited by Barnabe D'Souza, sdb, Dr. Reeta Sonawat and Dakshayani Madangopal, pages 260, Rs. 300, published by Multi-Tech publishing co., Ghatkopar (East), Mumbai (2004)

As society becomes increasingly complex, the social context of adolescence has undergone tremendous change and many are getting uprooted and marginalized in their attempt to fulfill their survival needs. This necessitates the recognition of adolescents, particularly marginalized adolescents as a special category for systematic study. This book is a collection of research studies and review papers on different aspects of marginalized adolescent development. It is hoped that this book will provide the necessary impetus, inspiration and commitment to promote the human capital in our youth by accommodating and addressing adolescent issues and concerns as a part of national human development.

Handbook for Children in Difficult Situations (Volume 1) - Marginalized Adolescents

Author- Barnabe D'Souza, sdb and Dr. Reeta Sonawat, Phd, Pages-81, Rate- Rs. 150, Publisher- Tej- Prasarini Don Bosco Communications, Matunga, Mumbai (2003)

This is the first in the series of four and is targeted towards adolescents between 11 and 16 years of age. Meant primarily for use by staff working with vulnerable adolescents, this manual provides a comprehensive list of participatory learning activities, which will be very useful for individual and group assessment. It offers a range of interesting activities, verbal and non-verbal, which may be used ad per requirements. Learning takes place through use of diverse mediums such as focus group discussions, drawings, role-plays, story narration, outdoor games songs etc. - all of which will help sustain interest of not merely the target group but also the staff.



A Guide for Social Workers as Counselors of Vulnerable Children (Manual) - by Barnabe D'Souza, sdb and Ms. Rupal Vador (2006)

This manual is an attempt to introduce the social worker to the basic skills of counseling in order to work more effectively with marginalized children and adolescents. It serves as a ready reckoner for those social workers who find it difficult to deal with certain common problems faced by the children. An effort had been made to provide real-life examples and success stories so as to promote a better understanding of the problem and different ways of dealing with them. These strategies can be used to deal with diverse groups of marginalized children and adolescents. The main objective is to touch children's lives and make their world a better place.